

## It's easy to be at home here

Moving is never easy, and when you or your loved one is considering assisted living, you have even more elements to consider. Choosing The Courtyard Assisted Living can give you peace of mind from the moment you walk through our doors.

The Courtyard is a 54-bed assisted living community for seniors who need assistance to maintain their highest level of independence. Our services are designed to meet the changing needs of our residents and to enhance individuality, confidence and happiness.

Staffed by a team with trust and compassion at the heart of their work, The Courtyard is a place where seniors feel supported, connected and truly at home.

“Our campus is beautiful.  
We truly live in a park.”



### Levels of care to suit your needs

All residents at The Courtyard can take advantage of supportive living services, amenities and activities. If a resident requires additional support, we offer extended care plans so they can remain at The Courtyard. An assessment prior to move-in helps us understand a resident's current needs. This way we can provide a warm home for relatively independent residents all the way up to those who need hospice services.

### About Adventist Health and Rideout

As a service of Adventist Health and Rideout, The Courtyard is managed by the same organization that provides the Yuba-Sutter community with the quality services you know and trust. This includes the acute care hospital and emergency room, outpatient laboratory and imaging and specialty care services. Adventist Health and Rideout also operates The Fountains, a skilled nursing and rehabilitation facility. Our extended care community also includes The Gardens Memory Care, and we are supported by Adventist Health home care and hospice services.

### Learn more or schedule a tour

To find out more about our assisted living services and to schedule a tour, visit [AdventistHealthRideout.org/TheCourtyard](https://AdventistHealthRideout.org/TheCourtyard) or call 530-790-3050.

**The Courtyard Assisted Living**  
1240 Williams Way, Yuba City

## The Courtyard Assisted Living



Assisted living suites  
and compassionate  
services for seniors





## A beautiful setting for your senior years

Situated on acres of beautifully landscaped grounds, The Courtyard's elegant and comfortable surroundings make it an exceptional choice for the Yuba-Sutter community.

Our team is dedicated to providing quality, service and care that exceeds the expectations of those we serve. That means our residents' dignity is at the heart of everything we do and that our care is always delivered with compassion. We prioritize communication with our residents and their families so that you have confidence in the care we provide.



“When I think of The Courtyard, my first thoughts are of the fine staff of caregivers. They are knowledgeable and professional. Along with those qualities they are caring and kind, bringing sunshine to all.”

## Activities

At The Courtyard, our residents live the life they please. Come join us for a relaxed, active, social experience: doing, learning or playing—the choice is yours.

Activities include but are not limited to:

- Arts and crafts
- Bible study
- Bingo, card games, dominoes
- Birthday celebrations
- Daily exercise
- In-house movies
- Memory games
- Music programs
- Shopping trips
- Tea parties
- Weekly worship

“Meals are directed by a fine chef and great kitchen crew. The dining room is gracious and inviting. Activities and trips of all kinds are available. On a score of ten, I believe it's at the top.”

## Supportive living services

Our residents choose assisted living because they want the freedom of independent living with the support that a professional and compassionate community provides. Some of our services and amenities include:

- 24 hour emergency call response system
- A choice of three suite layouts
- Beautifully landscaped private grounds
- Beauty and barber shop services
- Frequent resident safety checks
- Housekeeping and laundry service
- Licensed nursing staff
- Pet-friendly
- Regular health and wellness assessments
- Three nutritious meals a day and snacks
- Transportation services