

ADVANCE HEALTH CARE DIRECTIVE FORM

Date: _____

Your Name: _____ Last _____ First _____ Middle initial _____

Street Address _____ City _____ State _____ Zip _____

Part 1: INDIVIDUAL INSTRUCTIONS FOR HEALTH CARE

The following statements only apply

- if I have an incurable or irreversible condition that will result in my death within a relatively short time **OR**
- if I am in an unconscious state such as an irreversible coma or a persistent vegetative state and it is unlikely that I will ever become conscious **OR**
- if I have brain damage or a brain disease that makes me permanently unable to make and communicate health-care decisions about myself.

(INITIAL ONLY ONE (1) CHOICE IN EACH SECTION and CROSS OUT ALL THAT DO NOT APPLY.)

A. CHOICE TO PROLONG OR NOT TO PROLONG LIFE

___ YES, I do want to have my life prolonged as long as possible within the limits of generally accepted health-care standards that apply to my condition.

OR

___ NO, I do not want my life prolonged.

B. ARTIFICIAL NUTRITION AND HYDRATION (FOOD AND FLUIDS) BY TUBE INTO STOMACH OR VEIN

___ YES, I do want artificial nutrition and hydration.

OR

___ NO, I do not want artificial nutrition and hydration.

C. RELIEF FROM PAIN

___ YES, I do want treatment to relieve my pain or discomfort.

OR

___ NO, I do not want treatment to relieve my pain or discomfort.

D. ETHICAL, RELIGIOUS, OR SPIRITUAL INSTRUCTIONS (OPTIONAL)

Is there a church, temple, spiritual group or a special person from whom you wish to receive spiritual care?

Name: _____ Phone _____

Street Address _____ City _____ State _____ Zip _____

E. DO YOU WANT HOSPICE CARE, IF APPROPRIATE? ___ YES ___ NO

(Hospice provides physical, psychosocial, emotional and spiritual support and counseling for the patient and his/her family. Hospice is available in home, hospital, hospice-unit, and nursing home settings)

F. PRIMARY CARE PHYSICIAN

Name: _____ Phone _____

G. OTHER WISHES:

If you do not agree with any of the choices above or wish to add other instructions, including body and organ donation, you may add pages. If you are or could become pregnant, consult your doctor, and consider adding special instructions suspending or adding provisions. Remember to sign, date, witness, or notarize additional pages. File a copy with:

Doctor copy

Family Copy

Agent Copy

www.myhealthdirective.com

PART 2: HEALTH-CARE POWER OF ATTORNEY AGENT'S AUTHORITY AND OBLIGATION

My agent shall make health-care decisions for me to the extent they are known and in accordance with my best interests and wishes so far as they are known. In determining my best interest, my agent shall consider my personal values. If a guardian of my person needs to be appointed for me by a court, I nominate my agent. I designate the following individual as my agent. He/she may make all health-care decisions for me if I am unable or unwilling to make them for myself unless I direct otherwise:

Name of Agent (Spouse, adult child, friend or other trusted person)			Relationship	
Street Address		City	State	Zip
Home Phone	Work Phone	E-mail		

If my agent is not available, I designate the following person as my alternative agent:

Name of Alternate Agent (Spouse, adult child, friend or other trusted person)			Relationship	
Street Address		City	State	Zip
Home Phone	Work Phone	E-mail		

- My agent may make all health-care decisions for me. **OR**
- My agent may make all health-care decisions for me except: _____
- My agent's authority to make health-care decisions for me takes effect immediately. **OR**
- My agent's authority becomes effective when my primary physician determines that I am unable to make health-care decisions.

Important: Witnesses cannot be your health-care agent, a health-care provider or an employee of a health-care facility. One witness cannot be a relative or have inheritance rights. **CHOOSE EITHER OPTION 1 OR 2, NOT BOTH.**

Print Your Name		Your Signature	Date	
OPTION 1: WITNESSES				
Witness #1 Print Name		Witness Signature	Date	
Address		City	State	Zip Code
Witness #2 Print Name		Witness Signature	Date	
Address		City	State	Zip Code

OPTION 2: Notary Public

State of Hawai'i, _____ (County)
 On this _____ day of _____, in the year _____, before me, _____, (insert name of notary public) appeared _____, personally known to me (or proved to me on the basis of satisfactory evidence) to be the person whose name is subscribed to this instrument and acknowledged that he or she executed it.

My Commission Expires: _____



A copy has the same effect as the original.