# MRI Prep Guidelines & FAQs

**Safety Tips**

Because of the strong magnetic field used during the exam, certain conditions may prevent you from having a MR procedure. When scheduling your appointment and prior to your exam, please alert our staff and technologist to the following conditions that may apply to you. The radiology staff will let then let you know whether you can have the MRI exam and whether the exam needs to be modified for your particular condition.

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| Pacemaker | Cochlear implants |
| Pregnancy | Metallic implants and prosthesis |
| Claustrophobia | Vascular stent or stent graft |
| History of kidney problems | History as a metal worker |
| Skin tattoos | Shrapnel or bullet wounds |
| Neurostimulators (TENS-unit) | Dorsal column stimulators |
| Implanted drug infusion device (i.e., insulin pump) | Allergy to iodine, or gadolinium |
| Exposure of metal fragments to your eye | History of diabetes |
| Artificial heart valves | Other conditions you believe to be relevant |
| Aneurysm clips | |

Please leave your valuables at home, including jewelry, to prevent it from being lost or stolen, for they have to be removed prior to entering the scan room.

If you don't want to change into hospital attire, please wear cotton clothing without any metal zippers, hooks, or buttons.

Please let us know if you need interpreting services, this can be arranged for you.

Please bring a list of your current medications.

If you have claustrophobia, your doctor may prescribe an oral medication for you to take with you for your MRI appointment, however, you will need to arrange for a friend or family member to drive you home after the procedure.

**Q:  How will I get my results?**

A: Your results will be forwarded to your ordering physician within 24 hours of your exam (NOTE:  Physician office times and volumes vary.  Please check with your referring physician regarding when you can expect your results from his or her office). You may also access all results through My Adventist Health.  To find out more about how to sing up for My Adventist Health, click here.