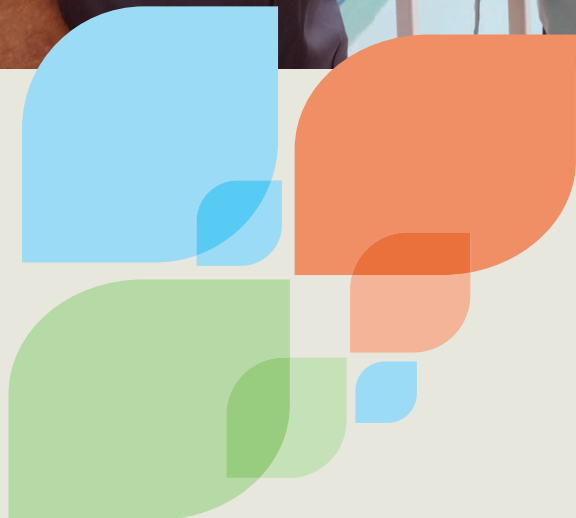
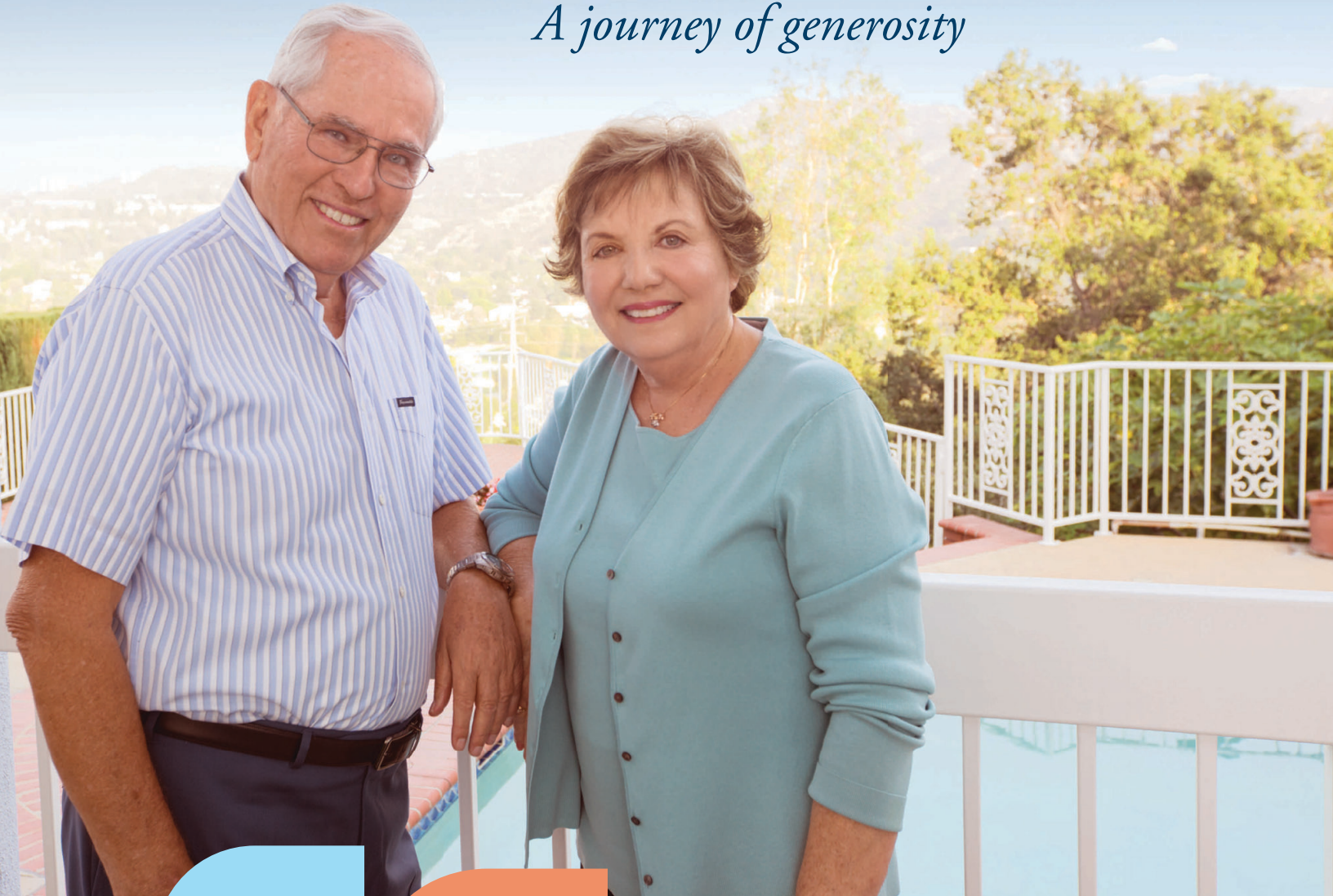


FALL / WINTER 2017-18

The Difference

Sam and Grace Carvajal

A journey of generosity



Adventist Health 

Glendale Foundation

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FALL / WINTER 2017-18

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Adventist Health Glendale: Recent Awards and Recognitions



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at home in Glendale

Cover story photos
by Nathaniel Taylor

Gifts for all seasons



*Annette Ermshar, PhD
Chair, Foundation
Board of Directors*

DURING THIS TIME OF HOLIDAY CELEBRATIONS, the Foundation Board and I wish to thank you for your gifts of kindness, generosity and time — gifts that span all seasons.

Adventist Health Glendale — formerly Glendale Adventist Medical Center — was founded in our community more than 110 years ago. The original sanitarium was a wonderful gift of quality medical care to the people of this area. As time passed and the sanitarium grew into a hospital, people responded with gifts of their own.

Supported by generations of friends just like you, this community hospital has become a leading regional medical center, with several programs receiving statewide and national recognition for world-class care. Our valued circle of donors and sponsors also has grown to include physicians and hospital employees, all offering their unique gifts to further our hospital's mission of inspiring health, wholeness and hope.

Adventist Health Glendale still maintains its sense of “community,” offering a level of compassionate, personalized care that I have not seen in any other hospital. What a wonderful gift this is to our patients and community!

As you contemplate your year-end charitable donations, I hope you will continue to keep Adventist Health Glendale, your community hospital, in your plans. There are many exciting and much-needed programs and services under consideration and in development. Every gift in any amount will help fulfill needs throughout the hospital.

Once again, thank you for each and every gift, past and present. On behalf of my fellow Board members, I wish you a happy and healthy holiday season.

A handwritten signature in black ink that reads "Annette Ermshar, PhD." The signature is written in a cursive style.

People who make us great



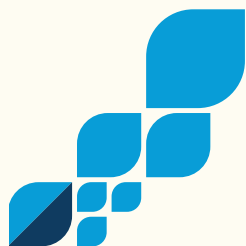
*Irene Bourdon, MPH, CFRE
President, Adventist Health
Glendale Foundation*

SOME THINGS NEVER CHANGE...AND SOME THINGS DO. In April, our medical center changed its name from Glendale Adventist Medical Center to Adventist Health Glendale. Our Foundation changed its name and logo. Our hospital added new and sophisticated procedures like TAVR (Transcatheter Aortic Valve Replacement), a minimally invasive procedure that repairs the valve without removing the damaged valve, and thrombectomy, the mechanical removal of a blood clot from a blood vessel in the brain. Our Cancer Care Center began its eagerly awaited linear accelerator replacement project.

This year brought in new leadership for our hospital. Harlan Gibbs, MD, succeeded Michele Cosgrove, MD, to begin his two-year term as our Medical Staff Chief. Annette Ermshar, PhD, also began her two-year term as Chair of the Foundation Board. And Beth Zachary will now step in as interim CEO as we look to receive a new President for our medical center.

Certainly a lot of changes; but one thing won't ever change and that is our institution's commitment to the whole person, wellness and health, and to you, our community. As we look toward 2018 and beyond, we recommit our dedication and service to our patients, doctors, volunteers and donors. Our people make us great, and that includes you. Happy holidays and God bless,

A handwritten signature in black ink that reads "Irene Bourdon". The signature is written in a cursive style.





“We give with pleasure.”

SAM AND GRACIE

Sam and Gracie share decades of memories in supporting the hospital.

Sam and Grace Carvajal to receive Lifetime Legacy Award

Devoted couple is recognized for ‘extraordinary philanthropic leadership’

SAM AND GRACIE CARVAJAL’S “journey of generosity” began with a memo and a pledge.

As newly-appointed Director of Radiology at Glendale Adventist Medical Center (now Adventist Health Glendale), Sam recommended that the Radiology Dept. replace two outdated mammogram machines with newer models equipped with higher quality imaging.

What’s more, Sam and his wife Gracie pledged to seed the hospital’s purchase with a \$50,000 donation!

That was 18 years ago, and the Carvajals have been giving generously to the Adventist Health Glendale Foundation ever since — not only giving financially but also sharing liberally their time and talents.

“We believe giving is something to be cultivated, and it grows,” Sam smiles. “We give with pleasure. We give because our blessings are incredible. We give to where our blessings have come.”

The Carvajals’ long-standing love for Adventist Health Glendale and their charitable support of the hospital’s Foundation are sources of great satisfaction to this devoted couple. Earlier this year, Sam and Gracie made another mutual decision by

making a generous bequest toward the future work and community service of the hospital.

FIRST LIFETIME LEGACY AWARD

On Sunday evening, April 29, 2018, the Foundation will present its first Lifetime Legacy Award to Sam and Gracie Carvajal. The setting is Adventist Health Glendale’s Annual Gala at the new Intercontinental Hotel in downtown Los Angeles.

“For extraordinary philanthropic leadership, the Foundation is presenting this most coveted of philanthropy awards to Sam and Gracie,” announced Board Chair Annette Ermshar, PhD, at a recent Legacy Circle dinner. “With great pleasure, we are recognizing the Carvajals for their transformational gift to Adventist Health Glendale and the Glendale community.”

AN AMERICAN DREAM

Dr. Ermshar described the Carvajal story as a perfect example of the American dream. “Sam and Gracie came to this country from modest beginnings, but they embraced their new home as American citizens filled with ambition to succeed and provide for their children, purpose to share and help others and, above all, faith in God,” she said.

Sam responded, “Gracie and I are very humbled to receive this recognition from



"I cannot enjoy what I have until I share it with others." SAM CARVAJAL



Adventist Health Glendale. I assure you that we have gained far more from our relationship with this medical center than we have given — far more."

A MATCH MADE IN HEAVEN

Carvajals Appreciate Their 'Incredible Blessings'

They met unexpectedly at a church social. He was born and raised in Colombia, South America, she was a native of Cuba. Both emigrated from their home countries within months of one another.

Sam was on break from his studies at Walla Walla College in eastern Washington. Gracie was working for the Seventh-day Adventist Church's Voice of Prophecy in Glendale.

"For the split second that I first saw her, that's all God really needed," Sam remembers. "The Lord had a special plan." Two years later, in 1960, they were married.

Today, Sam and Gracie Carvajal reflect on 57 years together in marriage and the "incredible blessings" they've received along the way. At the same time, they don't forget their humble upbringings which led to their coming to America.

As a boy, Sam dreamed of being a doctor. Although his father, a carpenter, wanted Sam to work with him in the shop, his mother had other ideas. "My children will go to college," she firmly told the family. And when Sam was 18, she gave him a piece of paper with instructions on how to go to America — and follow his dream.

Sam took mother's advice to heart. The year was 1956. First U.S. stop, Miami,

then a bus trip across the country to Washington state, where he enrolled at Walla Walla College. Four years later he graduated with a degree in chemistry and moved to Los Angeles.

During the mid-1950s, Gracie, daughter of a Seventh-day Adventist minister, was finishing high school and studying to be an elementary school teacher. However, as time went on, turmoil worsened under a political dictatorship. With aunts and uncles already living in the U.S., Gracie left Cuba in 1957 and settled in Los Angeles.

AN ALTERNATE CAREER PATH

As newlyweds, Sam and Gracie settled in Glendale. Sam took an alternate career path from medical school and was hired at the Glendale Sanitarium and Hospital (now Adventist Health Glendale) as a phlebotomist. He enrolled in additional pathology training and advanced so quickly that he soon began teaching in the hospital's School of Medical Technology.

At home, the Carvajals welcomed daughter Lisa and son Sam Jr. to the family. Lisa became a kindergarten teacher at Glendale Adventist Academy and Sam Jr., a general and vascular surgeon at Adventist Health Glendale.

Within three years of joining the hospital staff in the 1960s, Sam was appointed as Director of Medical Technology, which eventually would include Radiology, Clinical Lab, Heart Cath Lab and Cardiac

Rehabilitation. He retained that position until retirement in 2003. Reflecting on his 42 years of service, Sam is especially proud of the technological advancements in Radiology that occurred under his leadership.

In 2006, Sam was appointed to the Foundation's Board of Directors and has since contributed his time and extensive knowledge of the hospital as part of the Board's functions.

Gracie kept busy, too, raising their two children and later serving as a volunteer in the hospital gift shop for 26 years. For the past several years, she has supported and participated in countless Foundation events and programs.

"INCREDIBLE BLESSINGS"

Early in their marriage, Sam and Gracie began investing strategically in real estate, which in part is enabling them to "give back to where the blessings have come from."

Sam shares this thought: "Believe me, our blessings have been incredible, totally incredible. It is with great satisfaction that we are able to be part of Adventist Health Glendale, and with God's participation, Gracie and I are a team, guided by Him."

The couple recently celebrated their 57th wedding anniversary.

Sam and Gracie Carvajal receive a plaque from The Legacy Circle following announcement of their Lifetime Legacy Award. Joining the couple are, from left, Irene Bourdon, Foundation president; Beth Zachary, interim CEO, Adventist Health Glendale; and Annette Ermsnar, PhD, Foundation chair.



The Oak Society honors Robert C. Osher



Holding the “Spirit of Giving” Award presented to the late Robert C. Osher are Connie Osher, James Van de Voorde and Jean Osher, joined by Foundation President Irene Bourdon, left, and 2016 “Spirit of Giving” recipients Wende and Robert De Pietro.

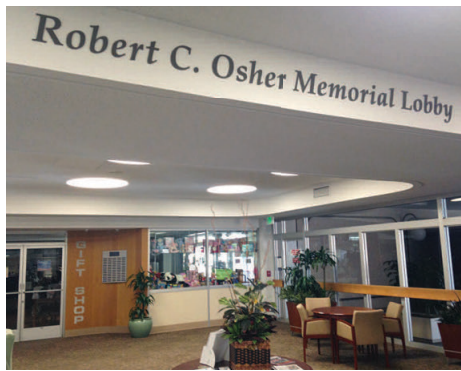


Bob Osher

THE “SPIRIT OF GIVING” Award is the highest recognition bestowed by The Oak Society of the Adventist Health Glendale Foundation. This year’s award honored the late Robert C. Osher and was presented at the Society’s annual dinner in November at Oakmont Country Club.

Accepting the award were Osher’s wife Jean, daughter Connie, and former business partner James Van de Voorde.

Osher served for 20 years as a member of the Foundation’s Board of Directors and also volunteered on the hospital’s Civic Advisory Board. He spearheaded the creation of the hospital’s endowment fund with a generous corporate gift in 1992 and contributed to the success of many Foundation events, such as the Annual Gala and Golf Classic, during his tenure on the Board.



In 2016, the hospital’s East Tower Lobby was named in Osher’s memory, a tribute to his devoted service to the hospital.

In a separate presentation, The Oak Society recognized Sam and Grace Carvajal, who will receive the Foundation’s first Lifetime Legacy Award next April at Gala 2018.

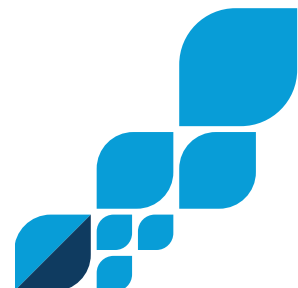
Attendees also received a report on The Oak Society Endowment, which has surpassed

\$1 million and provided for the purchase of new equipment for the hospital, using interest realized from the principal.

Lance Lee, MD, medical director of the hospital’s Neuroscience Institute, updated attendees on the newest and most advanced procedures practiced at Adventist Health Glendale to treat stroke patients.

For a related article about a stroke patient, see page 6.

Bob Osher spearheaded the creation of the hospital’s endowment fund with a generous corporate gift in 1992 and contributed to the success of many Foundation events, such as the annual Gala and Golf Classic during his tenure on the Board.



Several Board members recognized at annual dinner

Retiree Norm Leduc, presented with a beautiful glass sculpture, is joined by, from left, Eric Krueger, new CFO, Adventist Health Glendale; Irene Bourdon, Foundation president; Board service awardees Robert De Pietro, Arsen Danielian, Esq., Annette Ermsbar, PhD, and John Ehret; and Terri Day, interim administrator, Adventist Health Glendale.



NORMAND (NORM) LEDUC, who served 13 years on the Foundation's Board and played an important leadership role in fundraising for the West Tower construction and as a former Board chair, was honored at the Annual Recognition and Awards Dinner, following his retirement.

Meanwhile, four continuing Board members were recognized for their years of service: Annette Ermsbar, PhD, five years; Robert De Pietro, 10 years; Arsen Danielian, Esq., 20 years; and John Ehret, 25 years.

Marina Raines, president of the Founders Guild, and Anita Aghajanian, president of the Cancer Care Guild, were praised for their leadership during 2017.

Website offers assistance with estate planning

Are you looking for ways to grow your lifetime income? Or maybe it's time when you must withdraw money from your regular IRA and you want to avoid the taxes that come with it.

Whatever your needs, Adventist Health Glendale Foundation can help. By visiting ah.giftlegacy.com, you can have access to valuable personal, financial and estate planning resources. Planned gifts may provide you with tax and income benefits while helping your charity of choice further its mission.

Some of the many benefits available to you include charitable tax deduction,

increased lifetime income for you and your spouse, bypassing capital gains tax, and more.

"Each family is unique, which is why it is important to create a plan to fit you and your family's needs and desires," says Foundation President Irene Bourdon.

"You can learn from the website what can easily be accomplished and start your personalized estate planning guide today."

For further information, contact the Foundation at (818) 409-8055.



Something new – E-Newsletter for you

Beginning in January, we are pleased to offer a quarterly e-newsletter tailored to donors and friends of our Adventist Health Glendale Foundation. There is no cost or obligation.

The newsletter contains helpful information on estate planning, along with the latest news from Washington, finance news, practical hints and timely articles on a variety of subjects that we think you'll find interesting and helpful.

To sign up, simply go to: ah.giftlegacy.com and click on the "E-newsletter" box.



Silvana Shirvanian with neurosurgeons Drs. Mikayel Grigoryan, left, and Yaser Badr.

Silvana takes ‘victory walk’ two days after suffering a stroke

ON TUESDAY, AUG. 8, at 9:48 a.m., Glendale Fire paramedics wheeled Silvana Shirvanian, 60, into the Emergency Department at Adventist Health Glendale. Silvana’s left side was weak. One side of her face was drooping. Her speech was slurred. She had suffered a stroke.

Two days later, on Thursday afternoon, Silvana got dressed and received her discharge information. In the early evening she walked out of the hospital and returned to her everyday life — just like nothing ever happened!

Not every stroke patient has such an incredible outcome, but scenarios like Silvana’s are becoming more commonplace at Adventist Health Glendale — a credit to the 21st century advanced skills of neuro-interventional surgeons Yaser Badr, MD, and Mikayel Grigoryan, MD, and an extraordinary stroke support team that activates when a patient enters the hospital.

Emergency physician Sylvia Kotikian, MD, saw Silvana immediately upon her arrival in the ER. Dr. Kotikian asked when the first signs of stroke occurred. Her sister said it was the previous night around 8:30. Soon after, Silvana felt better and went to bed. However, after getting up

the next morning, Silvana felt a definite weakness on her left side. She collapsed on the bathroom floor, unable to pull herself up, and yelled to her sister for help.

Glendale Fire paramedics arrived within minutes, quickly assessed Silvana’s condition and called ahead to the Adventist Health Glendale Emergency Dept. to prepare for a stroke patient.

“WE DIDN’T GIVE UP ON HER”

However, 13 hours had lapsed from the onset of Silvana’s stroke. And it was considerably past the time for giving tPA, a clot-busting medication often effective if in-

fused intravenously within four-and-a-half hours of the onset of a stroke. In many hospitals, when 13 hours elapse following a stroke, treatment may not be offered because the clot-busting treatment window has closed.

“We didn’t give up on her,” recalls Michelle Jocson, Adventist Health Glendale stroke program manager. “With the recent publication of the ‘DAWN Trial,’ which expands the window for stroke thrombectomy to up to 24 hours, Silvana was very fortunate to have received this treatment that saved her life. Following the positive results of this trial, we are hopeful that many

more lives will be saved. Every patient who comes to Adventist Health Glendale with symptoms of a stroke that began within 24 hours receives a CT of the brain and CT angiography of the head and neck,” Jocson explains. “The contrast used in the angiography determines where the clot is.”

By 10:14 a.m. CT exams identified the cause of Silvana’s stroke: an Emergent Large Vessel Occlusion (ELVO) blockage of the middle cerebral artery leading to her brain.

REMOVING THE CLOT

By 10:36 a.m., Silvana arrived at the Cath Lab, where Dr. Badr, on call that morning, and the stroke team were ready for action.

Scenarios like Silvana’s are becoming more commonplace at Adventist Health Glendale

Dr. Sylvia Kotikian, ER physician, shares Silvana’s “victory walk.”



Foundation is quiet partner to stroke team

Dr. Badr performed a thrombectomy, a procedure in which a tiny catheter enters through the groin and threads through major vessels, up into the brain. Reaching the clot, the blockage can be sucked out or encapsulated within a pliable coiled stent, called a Stentriever. The clot adheres to the coils, and then both the stent and clot are removed.

By 11:47 a.m., normal blood flow was restored to that portion of Silvana's brain!

"The Stentriever is a game-changer," Jocson says. "So far this year we have done many of these thrombectomy procedures. This is one of the advantages to patients of Adventist Health Glendale earning the distinction as a Comprehensive Stroke Center."

On Thursday afternoon, just two days after being wheeled partially paralyzed into Emergency, Silvana walked a "victory walk" (in heels, no less!) throughout the hospital and shared hugs of joy with doctors, nurses, technicians and support staff who treated and cared for her.

Entering the ER, Silvana couldn't wait to meet and thank the physician on duty that morning when paramedics brought her in. She spotted Dr. Kotikian and walked toward her with arms out-stretched for a hug. Dr. Kotikian turned around and couldn't believe her eyes.

There is more to Silvana's success story. Through donor-directed major gifts, the Adventist Health Glendale Foundation is quietly playing a significant role in supporting the hospital's Neuroscience Institute.

Adventist Health Glendale is designated as a Comprehensive Stroke Center and Advanced Primary Stroke Center. This means that physicians, nurses, technicians and support staff are trained at the highest level of treatment for the most serious stroke events. It is the first hospital in Los Angeles County to earn this distinction.

The Foundation's major gifts team is not physically present in the Emergency Dept., Cath Lab and other locations where stroke patients and others with neurological disorders are receiving care, but the support of donors and the Foundation are felt through acquisition of new equipment, advanced training for nurses and technicians, patient and community education programs, and related areas of need.

The Foundation is proud to serve alongside the professionals of the Neuroscience Institute as a partner in contributing to their success stories.

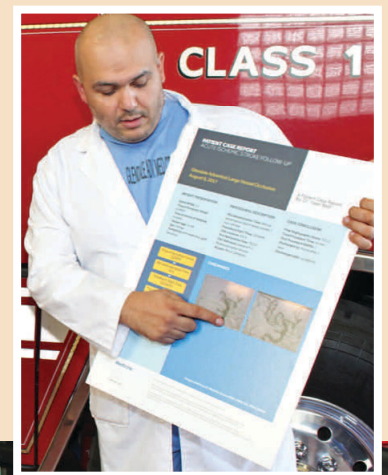
'My care... was absolutely phenomenal'

On Nov. 8, Silvana visited Glendale Fire Station 25 (Chevy Chase and Verdugo Road) to thank the firefighter-paramedics who responded to the 911 call and rushed her to the ER.

Dr. Yaser Badr joined the reunion as well.

"I cannot find words that describe how thankful I am to Dr. Badr and everyone at Adventist Health Glendale for saving my life," Silvana said. "My care at the hospital was absolutely phenomenal. On a scale of one to 20, I give them a 20!"

Dr. Badr explains the procedure used to remove the blood clot and restore blood flow to Silvana's brain.



Glendale first responders Fire Engineer David An, Fire Capt. Jeff Casilli and paramedic James Rohrig join Silvana Shirvanian and Dr. Yaser Badr.





“Sock-doll” specialists

It’s a “sock-doll”-making party! Founders Guild members are, from left, Gayle Craig, Sharon Ouellette, Camille Levee, Margo Bottcher (project creator), Catherine Yesayan, Beth Petersen, Winna Tan, Villy Lee, Marina Raines, Martha Wilson, Rosario Ibanez and Kathy Lefkovits. The handmade dolls are given to patients and Play to Learn Center children as part of a sensory awareness program.



Founders Guild



The Thanks 4 Giving award

is presented to Founders Guild members for giving of their time, talent, treasure and networking. Two former presidents, Alice Petrossian and Sandy Moreno, recently were honored with this award during the Guild’s annual “Counting Our Blessings” dinner at the home of Marina Raines. Congratulations!

“WE OWN THE HEALTH OF OUR COMMUNITY”

Hospital participates in first Community Health Summit

REPRESENTATIVES OF ADVENTIST Health Glendale and the hospital’s Foundation are participating in the city’s “We Own the Health of Our Community,” a first-ever local initiative addressing several important health-related issues affecting the city.

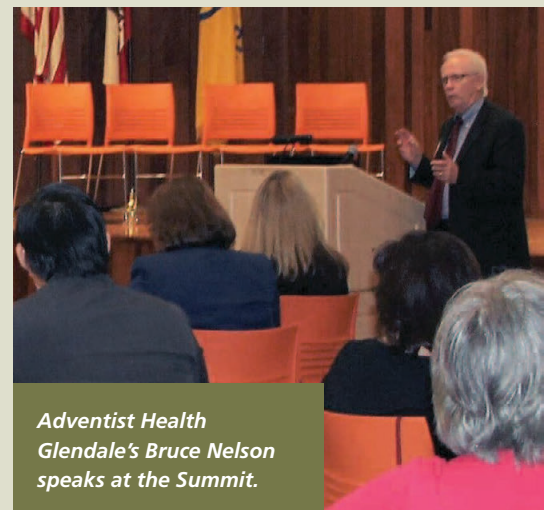
On Nov. 2, nearly 100 leaders from many segments of the community came together for the first Community Health Summit, a project of the Glendale Healthier Community Coalition.

The purpose is identifying needs and developing solutions to improve the “collective health” of Glendale’s residents

when obesity and Type 2 diabetes among children and adults are on the increase.

A recent Glendale Community Health Needs Assessment also identified homelessness, substance abuse and mental health as a “cluster” of concerns. In addition, work is continuing among several organizations to maintain and strengthen programs promoting fitness and health risk reduction.

“Many leaders are coming together to accomplish what individual organizations cannot achieve by themselves,” said Project Coordinator Kerry Nelson. “We’re making progress. This actually feels like we’re beginning to own the health of our community.”



Adventist Health Glendale’s Bruce Nelson speaks at the Summit.

Honorees inspire at Courage Awards Dinner



From left: Anita Aghajanian, Cancer Care Guild president; honorees Marianna Clarizio and Sara H. Kim, MD; Annette Ermsbar, PhD, Foundation chair; honorees Guadalupe Mendoza, Mary Nazari and Fran Buchanan; and Irene Bourdon, Foundation president.

THE POWER OF HOPE, LOVE and support of family and friends was an inspiring theme at the Cancer Care Guild's Courage Awards dinner on Oct. 17 at the Chevy Chase Country Club. Guild President Anita Aghajanian presided.

The awards program celebrates the courage of cancer survivors and those at Adventist Health Glendale and throughout the community who are dedicated to fighting cancer.

Awards and honorees were:

- **Community Volunteer** — Fran Buchanan
- **Healthcare Professional** — Marianna Clarizio, radiation technician, Adventist Health Glendale
- **Physician** — Sara H. Kim, MD, medical director, Radiation Oncology, Adventist Health Glendale
- **Courageous Patients** — Guadalupe Mendoza and Mary Nazari

In addition to the awards recognition, the event raised more than \$40,000 toward providing free services at the Cancer Center's Ingeborg's Place Apart, our positive image center, which offers wigs, counseling and a variety of classes to any anyone with a diagnosis of cancer, no matter where treatment is received.

Buchanan is well known in the Glendale area for her many years of volunteering and philanthropy. She is a long-time contributor to the Cancer Center's free services offered through Ingeborg's Place Apart.

Dr. Kim joined Adventist Health Glendale's medical staff in 2003 and is a multi-year *Pasadena Magazine* "Top Doc" honoree selected by her peers in the Glendale-San Gabriel Valley area.

Clarizio, a radiation therapy technologist, is a member of the medical center's cancer fighting team that treats hundreds of patients each year.

Mendoza is a cancer survivor who inspires other patients with her strength, friendship and positive spirit. Nazari also is a cancer survivor who inspires others with her passion for speaking out in favor of cancer awareness and education.

Donations in support of free programs for cancer patients provided through Ingeborg's Place Apart, our positive image center, are gratefully accepted.

For further information, contact Gayle Craig in the Adventist Health Glendale Foundation at (818) 409-8322.

Cancer Care Guild

From left: Guadalupe Mendoza, Fran Buchanan, Sara H. Kim, MD, Marianna Clarizio and Mary Nazari.





Linear accelerator a 'significant milestone for community health'

Cancer Services Center renovation enters Phase 2

Sara H. Kim, MD, medical director, Radiation Oncology, receives a first look at the new Varian TrueBeam, the most advanced technology in radiation therapy for cancer.

THE NEW VARIAN TRUEBEAM Linear Accelerator, the latest advancement in radiation technology to treat many forms of cancer, is ready to serve patients at Adventist Health Glendale.

"This is a significant milestone for community health," said Irene Bourdon, president of the Adventist Health Glendale Foundation, now in the final stage of a communitywide fundraising effort to complete a \$4.5 million Cancer Services Center Renovation and Linear Accelerator Campaign.

"Above all, it's a blessing for patients undergoing radiation therapy for cancer. Acquiring this newest linear accelerator means that Adventist Health Glendale is able to offer cancer patients the most advanced level of care available, close to home, here on our campus," Bourdon explained.

Sara H. Kim, MD, medical director, Radiation Oncology, added, "The linear

accelerator has the capability to reduce daily treatment times as much as 50 percent, and for some patients this also could mean fewer days of treatment. The new technology targets tumors more precisely and results in less damage to healthy tissues."

The newly remodeled "vault" containing the linear accelerator provides a more pleasing setting for patients who are undergoing treatment. New flooring, ceiling, lighting and aesthetics all contribute to a more comfortable environment.

RENOVATION ENTERS PHASE 2

As the new linear accelerator begins to treat patients, the second and final phase of the Cancer Center's renovation is scheduled to get underway in early 2018. Estimated completion is four to five months, according to Dennis Quagliani, Cancer Services Center director.

Improving patient and visitor comfort throughout the Center is at the

heart of the first floor renovation. A new lobby and reception area are being moved to the north end of the building, with a new entrance and free parking located close-by.

Spacious dressing rooms for men and women are being added to ensure privacy, the infusion area is being updated, and public restrooms are being given a facelift.

During the renovation, infusion patients will continue to receive treatment within the Center.

Dennis Quagliani, Cancer Services Center director, introduces the features of the TrueBeam to Irene Bourdon, Foundation president.



Renovation phase two features new lobby and reception area.





Alex and Sanders raise funds for Cancer Center — Great work!

Alex Kim, 11 (grey shirt), and his friend Sanders Deutsch, 15 (white shirt), welcome guests to the Improv Space in Westwood for the second annual Comedy for a Cause. The August event raised \$1,950 in donations for the Cancer Center's Ingeborg's Place Apart, our positive image center. Alex and Sanders organized the fundraising drive. Standing behind Alex is his mother, Dr. Sara H. Kim.



Alex displays check for an additional donation of \$591.31 to Ingeborg's Place Apart, our positive image center, based on a percentage of sales at the yogurt shoppe in Pacific Palisades. Derrick Frank from the yogurt shoppe presents the check. On behalf of grateful cancer patients community-wide, thank you, Alex and Sanders for your initiative and leadership. You are role models for others to follow!



September Serenade

Annette Ermshar, PhD, left, Foundation Board chair, and Marguerite Marsh, PhD, second from left, host a "September Serenade" reception and fundraiser, featuring Marguerite Marsh Scholarship vocalists and accompanists from La Sierra University. Guests learned about the Cancer Center renovation and how the new linear accelerator will help save lives.

Dennis Quagliani leads Foundation Board members and staff in a tour of the linear accelerator "vault" prior to the new installation.



Experienced "riggers" install the new linear accelerator.



Tribute gifts help fund Cancer Center renovation

"Many of us are touched by cancer during our lifetime — a family member, a friend or colleague at work," relates Irene Bourdon, president of the Adventist Health Glendale Foundation.

Tribute gifts are a meaningful way to honor someone who is living or has passed on, and gifts may be designated toward the hospital's Cancer Center Renovation Campaign.

"Gifts may be in the name of a loved one, a devoted physician, nurse or caregiver," Bourdon continues. "We also invite gifts in loving memory."

Gifts in any amount are tax-deductible and, unless directed otherwise, will appear in *The Difference* magazine.

To make a tax-deductible donation:

- Online: ahglendalefoundation.org
- Call the Foundation office at (818) 409-8055.

Volunteers' gifts to Adventist Health Glendale are 'beyond measure'



John Bagdzhyan

JOHAN BAGDZHYAN ASSISTS the chaplains two days a week and “brings God’s presence and comfort” to patients’ bedsides, especially to those who are elderly and have few visitors. “It makes me feel better just to see their smiles,” John says. “This is a blessing for me.”

Silva Kassab checks into the hospital’s Labor & Delivery’s Non-Stress Testing (NST) area four days a week, where she assists in customer service, answering phones, making appointments and patients’ charts.

Women with high-risk pregnancies are referred to NST for monitoring in advance of their delivery date. “This is a dream job...it changed my life,” Silva says. “Since my kids are grown, this gets me out of the house, and I love helping patients.”

John and Silva are volunteers. Their contributions of time, service and life skills to Adventist Health Glendale “are gifts beyond measure,” reflects Irene Bourdon, Foundation president.

“People can leave their mark on our medical center in different ways,” she explains. “Volunteers provide a service that

enhances the quality of patient care and the success of the entire hospital. Their gifts as volunteers are extremely valuable. We could not do without them.”

Depending on the time of year, upwards of 400 to 500 volunteers take an active role in supporting the medical center in ways ranging from helping patients and visitors find their way around the campus to staffing a beverage/snack cart or assisting with clerical tasks.

“We take great pride in the quality of our program,” says Edita Madatyan, Volunteer Services

manager. “It is satisfying to work with so many people who donate their time helping our hospital carry out our mission while also caring for our community.”

HOW TO VOLUNTEER

All positions require proficiency in English; knowledge of a second language is a plus. Volunteers serve primarily on weekdays during daylight hours. They must commit to at least four hours a week for a period of six months and meet health screening requirements. Age is no limiting factor; the hospital welcomes adult volunteers of all ages.

Meanwhile, in a patient’s room, John sits quietly at the bedside, perhaps reading scripture that conveys comfort and reassurance. “God put into my heart that I should be working in this hospital,” he recalls. “I’m doing God’s work; it is a joy.”

In Non-Stress Testing, Silva is busy “9 to 5” with various office tasks to support the staff. She takes pride in her work and especially likes getting to know and help patients during the weeks prior to delivery. Mothers sometimes come with their babies to visit. “That’s really special,” Silva smiles.

John and Silva are receiving as much satisfaction from volunteering as they are giving. If sharing your gifts as a volunteer sounds right for you, please contact Volunteer Services at (818) 409-8057. Manager Edita Madatyan and Program Assistant Barbara Gormley will provide further information and answer questions.

“This is a dream job... it changed my life.”

SILVA KASSAB



Silva Kassab

Families can 'visit'
NICU babies from
'just about anywhere'

Hospital employees fund camera system — and more



PREMATURE BABIES OFTEN require specialized care in the Neonatal Intensive Care Unit (NICU) and may be hospitalized anywhere from weeks to several months. For families, this can mean a lot of travel back and forth to the hospital to visit their baby.

At Adventist Health Glendale, NICU families are welcome to visit their baby in person, but they also have the option of “looking in” from home, work, while shopping — just about anywhere.

This is made possible by a small video camera placed next to the baby’s crib or incubator, which allows parents and families to see their little one in real time, from a remote location by accessing a secure app.

NICVIEW is among several projects funded this year by the Employee Giving Fund, one of several philanthropy programs managed by the Adventist Health Glendale Foundation. More than \$175,000 have been raised this year alone by the Employee Giving Fund, which supplements patient care needs across the hospital.

Funds also are going toward enhancing services in speech and language pathology, therapy and wellness, physical therapy, nutrition, nursing telemetry, and disaster preparedness.

ACCESSIBLE FROM ALL PLATFORMS

The NICVIEW project has one camera for each of 14 licensed beds, plus two extra

The NICVIEW camera is shown next to a mother and her baby.

cameras for use in case of twins.

The video feed, offered at no extra charge, can be viewed from all platforms — cell phones, tablets and desktop computers. The system allows for giving short messages to parents, and the cameras can be turned off, as needed, during procedures or other care.

Nurse Manager Randy Miller says the staff is pleased with the NICVIEW system, which became operational in July. “Parents tell us they check the camera when they first wake up in the morning... it gives them a feeling of comfort.”

Gardening helps students learn about eating healthy

Foundation focuses on reducing obesity, Type 2 diabetes

Students at Edison Elementary School in Glendale are having fun creating their own gardens, but they’re also learning a serious lesson.

The Adventist Health Glendale Foundation is sponsoring Growing Health and Hope, a program where younger children are busy planting and tending their own gardens on the Edison campus and two Pacific Clinic Head Start sites. Gardening and eating healthy are part of Champions for Change, funded by the California Department of Public Health — and the end result is a healthier community and a reduction of obesity and Type 2 diabetes.

Other elements, also geared to residents of all ages, are physical activity classes, food

demonstrations and nutrition classes.

At Edison Elementary, kindergarteners and first-graders recently unveiled their new fruit and vegetable garden, complete with tomatoes, lettuce, chard, cabbage, kale, onions, strawberries and passion fruit.

“The children are excited to grow food themselves,” said Program Coordinator Erik Carrillo. “It makes a bigger impact than when fruits and vegetables come from the market. They take pride in their garden, and it also teaches them

responsibility and teamwork, because gardening takes watering and care.”

The children may not realize it now, but as their fruits and veggies grow, and they get to sample the tasty results, so will their hunger grow for healthier foods.



‘What a Memorable Day!’



Players in 34th Annual Golf Classic raise funds for patient care

Wilshire Country Club, one of L.A.’s most prestigious courses, was the site of Adventist Health Glendale’s 34th Annual Golf Classic on Oct. 9, presented by the Adventist Health Glendale Foundation.

Through the generosity of sponsors, donors, golfers and friends, the tournament raised more than \$210,000 to help fund new and replacement equipment as well as programs that enhance patient care throughout the medical center.

“What a memorable day!” Foundation President Irene Bourdon said. “Many golfers were playing Wilshire for the first time, and everyone agreed it was a great experience. The tournament was an unqualified success and, as always, the real winners are our patients.”

More than 100 golfers participated, including physicians, business leaders, health care professionals and friends of the Foundation. Special appreciation goes to Emergency Medicine physician Harlan

Gibbs, MD, and neurologist Lance Lee, MD, for leading the Golf Classic organizing committee for the third consecutive year.

Proceeds enable the Foundation to fund greatest needs within Adventist Health Glendale, including equipment and services that support the outstanding work of physicians and nurses, and important health-related programs that serve patients and the community.

OCTOBER 9, 2017 ♦ WILSHIRE COUNTRY CLUB





Glendale Foundation

Thank you to our sponsors and all golfers who contributed to this memorable event.

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Low gross winning team
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- 4) **Sadd, Velazquez, Higashi & Shammaa, LLP:** Steve Clement (front), John Sadd, Mike Velazquez, Jeremy Craig

*More golfer
photos
page 16* ►



- 5) Adventist Health Glendale
Administration: Sam Carvajal, Everett Hinchcliff, Kevin A. Roberts, Craig Missakian
- 6) Glendale Pathology Associates:
Greg Grande (front), Dr. Lawrence Willes, Nick Zappia, Rick Evans
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- 8) Adventist Health Glendale Comprehensive Stroke Center: Drs. James Kim, Lance Lee, Robin Kim, Joseph Lee
- 9) Adventist Health: Elle Ashlock (seated), Lance Taggart, Ryan Ashlock, Mark Ashlock
- 10) Consultants for Anesthesia and the Management of Pain: John Park (kneeling), Mike Yim, Dr. Taell Kim, Eddie Kim
- 11) Schaefer Ambulance: Jim Zachary (kneeling), Jimmy McNeal, Steve Steese, Kevin Lantry
- 12) Adventist Health White Memorial: Aura Vossen (seated), Greg Schwartz, Dr. Mauricio Bueno, John Raffoul, Bill Haddad
- 13) Broadway Manor and Montrose Healthcare: Drs. Ayuna Panossian (seated), Rogelio Carrera, Robert Rivera and Muhammad Anwar

Next Stop, Annandale Golf Club

The 2018 Golf Classic will be played at the exclusive Annandale Golf Club in Pasadena on Monday, Aug. 27. Golf has been played on the Annandale property for more than 100 years and promises to be another memorable Foundation experience on this historic and challenging course. Further details and sponsorship opportunities will be announced beginning next spring.



Dr. Taell Kim

Thank you, donors!

Received January to June 2017

We gratefully acknowledge and appreciate all donations and in-kind gifts made to the Adventist Health Glendale Foundation during the timeframe noted above. Your gifts support medical excellence in patient care that saves lives, offers hope and healing, and gives strength to survivors. The Foundation offers several choices of giving programs. For further information and personalized service, please call (818) 409-8055 or go online to: www.adventisthealth.org/glendale/giving

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Awards & Recognitions

Adventist Health Glendale has in recent years earned several national, state and local honors for highest quality patient care. Some of the awards represent the medical center's overall patient care and outcomes, while others recognize the exemplary achievement in specific programs. Here are just a few:



'Best Hospital' 2017

Readers' Choice Award from the readers of the Glendale News-Press for the fourth consecutive year.

Top Rating from 'U.S. News & World Report' 2017-18

Selected as a high performing "Best Regional Hospital" in the greater Los Angeles area.

Leapfrog Safety Rating

For the sixth consecutive time, an "A" grade is received as one of the safest hospitals for patient care.

Stroke Center of Excellence

Adventist Health Glendale is a Comprehensive Stroke Center and Advanced Stroke Center, reflecting the most advanced level of treatment of the most serious stroke events. It's the first hospital in California to receive DNV-GL certification for exceeding patient safety standards in treatment of strokes.

Heart Attack Care Team

Designated in L.A. County as a STEMI (ST-Elevation Myocardial Infarction) Receiving Center, the hospital is one of the best equipped and professionally trained for the rapid, quality care of heart attack patients.

Medicare and Medicaid Top Ranking

Earning a ranking of 4 of 5 stars by the Centers for Medicare and Medicaid Services, the hospital was placed in the top 20 per cent in California for overall quality of care.

Accredited Chest Pain Center

Named by the Society of Cardiovascular Patient Care, the hospital meets the society's strict requirements for training of emergency personnel and timely diagnosis and treatment, including angioplasty.

Accredited Comprehensive Community Cancer Program

The American College of Surgeons awarded Adventist Health Glendale with the Outstanding Achievement Award for excellence in cancer care.





Glendale Foundation

The Difference is published by the Adventist Health Glendale Foundation. For further information regarding any of the articles or other content in this publication, please contact the Foundation at (818) 409-8055. or in writing to: Adventist Health Glendale Foundation 1509 Wilson Terrace Glendale, CA 91206

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