



# Act FAST

**FAST** is an easy way to remember and identify the most common symptoms of a stroke.

Recognition of stroke and calling 9-1-1 will determine how quickly someone will receive help and treatment.

Getting to a hospital rapidly will more likely lead to a better recovery.



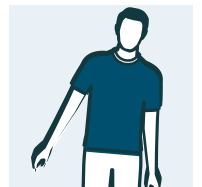
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## Use FAST to remember the warning signs of a stroke.

**F FACE:** Ask the person to smile. Does one side of the face droop?



**A ARMS:** Ask the person to raise both arms. Does one arm drift downward?



**S SPEECH:** Ask the person to repeat a simple phrase. Is their speech slurred or strange?



**T TIME:** If you observe any of these signs, call 9-1-1 immediately



**When you call 9-1-1, note the time of the first symptom. This information is important and can affect treatment decisions.**